

# Wonderland Day Nursery Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast is served between 7.30-8.00- A choice of cereals and a drink.				
Snack with milk	Satsuma	Banana	Toast	Grapes	Breadstick
Lunch	Pork and Vegetables with Noodles	Beef Casserole with Potatoes and 2 Seasonal Veg	Turkey in a Tomato sauce & Veg with Brown and White Rice	Fish Mornay with Pasta & 2 seasonal veg	Roast Chicken with Roast potatoes, 2 seasonal veg
Vegetarian	Vegetables & Beans with Noodles	Quorn and Vegetable Casserole	Quorn in a tomato sauce and vegetable rice	Vegetable Mornay With Pasta & Seasonal Veg	Quorn Roast
Pudding	Apple crumble and custard	Chocolate brownie with berries	Fruit	Homemade mango sorbet.	Fresh fruit
Snack with milk	Pitta and Hummus	Rice cake and spread	Apple	Cheese straws	Cheese cubes
Tea	Cheese and tomato pizza (whole meal base) and veg sticks	Selection of Sandwiches & Veg Sticks	Vegetable & bean soup with scone	Beef chilli wraps with grated cheese	Butchers' pork sausage in a bread roll with corn on the cob
Vegetarian	As above	As above with Quorn style ham.	As Above	Vegetarian Chilli & kidney beans wraps with cheese.	Vegetarian hot dog and corn on the cob.
Pudding	Ice lolly - natural yoghurt and fruit	Fresh fruit	Cake	Apple and Cinnamon Cookie	Yoghurt

Sugar added pudding. Vegetarian. Every day includes two portions of fruit and at least three portions of vegetables.

Autumn/Winter Menu updated 07.09.2023